

## OPTIMIZING 5G FRONT HAUL: EFFICIENT DESIGN AND IMPLEMENTATION OF A FIBER OPTIC COMMUNICATION ARCHITECTURE

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### ABSTRACT

Multiplexing techniques in optical communication systems need to be carefully examined because of the growing need for high-speed data transmission across long distances. The performance of Time Division Multiplexing (TDM) and Wavelength Division Multiplexing (WDM) in long-haul optical communication scenarios is the main emphasis of this study's thorough comparison of the two technologies. Signal integrity, dispersion control, and overall system efficiency are all examined in the study, which clarifies the complex trade-offs that are present in each multiplexing technique. A combination of theoretical analysis and simulations is used in this research to examine the performance of WDM and TDM systems across long fibre links with the goal of a comprehensive evaluation. Quality of signal, reach, and susceptibility to dispersion effects are the main criteria that are taken into account. Initial findings highlight WDM's superiority in preserving signal integrity over long distances. WDM outperforms TDM under comparable conditions, this system attains a bit error rate (BER) of  $5.02E-14$  and a Q-factor of 7.1 at a distance of 135 kilometres of fibre link. Additionally, the study clarifies the subtle effects of dispersion compensation strategies, demonstrating how they could improve both multiplexing methods' performance. The paper examines the nuances of both the WDM and TDM methodologies, elucidating their respective advantages and disadvantages. For network architects and researchers who are trying to decide which multiplexing strategy is best for long-haul optical communication networks, it offers insightful information. Furthermore, by providing a detailed knowledge of the parameters impacting the decision between WDM and TDM in the context of extended reach applications, the research adds to the continuing conversation on the design and optimization of optical networks.

**KEYWORDS:** Fifth Generation (5G), Time Division Multiplexing (TDM), Wavelength Division Multiplexing (WDM), optical communication systems, and multiplexing strategy.

تحسين النقل الأمامي لشبكة الجيل الخامس: التصميم والتنفيذ الفعال لبنية اتصالات الألياف الضوئية

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تحتاج تقنيات الإرسال المتعدد في أنظمة الاتصالات البصرية إلى فحص دقيق بسبب الحاجة المتزايدة لنقل البيانات عالية السرعة عبر مسافات طويلة. يعد أداء إرسال متعدد بتقسيم الزمن (TDM) وإرسال متعدد بتقسيم الطول الموجي (WDM) في سيناريوهات الاتصالات البصرية طويلة المدى هو التركيز الرئيسي للمقارنة الشاملة لهذه الدراسة بين التقنيتين. يتم فحص سلامة الإشارة والتحكم في التشتت وكفاءة النظام بشكل عام في الدراسة، والتي توضح المفاضلات المعقدة الموجودة في كل تقنية تعدد الإرسال. يتم استخدام مزيج من التحليل النظري والمحاكاة في هذا البحث لفحص أداء أنظمة WDM و TDM عبر روابط الألياف الطويلة بهدف إجراء التقييم الشامل. تعد جودة الإشارة والوصول والقابلية لتأثيرات التشتت هي المعايير الرئيسية التي تؤخذ في الاعتبار. تسلط النتائج الأولية الضوء على تفوق WDM في الحفاظ على سلامة الإشارة لمسافات طويلة. تتفوق WDM على TDM في ظل ظروف مماثلة، ويحقق هذا النظام معدل خطأ بسيط (BER) من  $5.02E-14$  وعامل  $Q$  7.1 على مسافة 135 كيلومترًا من وصلة الألياف. بالإضافة إلى ذلك، توضع الدراسة التأثيرات الدقيقة لاستراتيجيات تعويض التشتت، وتوضح كيف يمكنها تحسين أداء كلا الطريقتين. تتناول هذه الورقة الفروق الدقيقة في منهجيتي WDM و TDM، وتوضح مزايا وعيوب كل منهما. بالنسبة للمهندسي الشبكات والباحثين الذين يحاولون تحديد استراتيجية الإرسال المتعدد الأفضل لشبكات الاتصالات البصرية طويلة المدى، فإنها تقدم معلومات ثاقبة. علاوة على ذلك، من خلال توفير معرفة مفصلة بالمعايير التي تؤثر على القرار بين WDM و TDM في سياق تطبيقات الوصول الموسع، يضيف البحث إلى المحادثة المستمرة حول تصميم الشبكات الضوئية وتحسينها.

**الكلمات المفتاحية:** الجيل الخامس (5G)، إرسال متعدد بتقسيم الزمن (TDM)، إرسال متعدد بتقسيم الطول الموجي (WDM)، أنظمة الاتصالات البصرية، استراتيجية تعدد الإرسال.

## 1. INTRODUCTION

It is anticipated that mobile data traffic in future networks will significantly increase tenfold over current networks due to the rapid improvement of mobile communications. To handle the growth in communication, it is essential to increase the wireless communication link's capacity. The problem of microwave band congestion and the general bandwidth shortage that wireless carriers are facing has led to a great deal of interest in exploring the possibilities of the underutilized millimetre-wave (mm-wave) frequency spectrum for the future development and operation of advanced communication networks. The telecoms industry has seen a dramatic transition since the introduction of fifth-generation (5G) wireless communication technologies. Significant improvements in data throughput, latency reduction, and wide-spread connectivity are provided with the introduction of 5G technology. The main reason for this advancement is the use of millimeter-wave (mmWave) frequencies, which have a far larger bandwidth than conventional microwave frequencies. However, several major challenges stand in the way of the smooth integration of millimeter-wave (mmWave) frequencies into the front-haul transmission architecture that is necessary for 5G networks. The millimeter-wave spectrum, which spans frequencies from 3 to 300 GHz, is widely acknowledged as a crucial element for the Fifth Generation, a forthcoming generation of communication technologies. Many bands in the millimetre-wave spectrum could be used in future mobile broadband applications. The available bandwidth in these bands spans several tens of gigahertz at different mm-wave frequencies [1]. Making a significant contribution to the objectives of our article, the use of these frequency bands is essential to our efforts to advance mmWave-based Radio-over-Fiber (RoF) technology for efficient 5G front haul transmission. The use of millimeter-wave frequencies in cutting-edge communication networks requires the creation of a small, reasonably priced device that can generate and transmit these frequencies. The good news is that there are several benefits to integrating millimetre waves and optical fibre. This integration offers a high data rate by facilitating the transmission of millimetre waves and enabling efficient generating methods. By using fibre optic lines, the radio over fibre (RoF) technology provides a noticeable improvement

in bandwidth across long distances. Simulation tools such as OptiSystem 19.00 are essential to evaluate and enhance the performance of mmWave-based RoF systems. The purpose of the paper is to apply simulation techniques to comprehend radio-over-fibre (RoF) systems for 5G front-haul transmission that are based on millimetre-wave (mmWave) technology [2]. Exact and economical testing of different system characteristics, network topologies, and signal processing approaches can be achieved through simulation-based methodologies.

This study's principal contribution is its thorough comparison of Wavelength Division Multiplexing (WDM) and Time Division Multiplexing (TDM) in the context of long-haul optical communication networks. Choosing the best multiplexing technology becomes essential as the need for high-speed data transmission over long distances grows. Our study makes a valuable contribution by offering a sophisticated comprehension of the effectiveness, compromises, and appropriateness of TDM and WDM in addressing the difficulties presented by extended-reach applications. Integrating advanced modulation techniques and adaptive signal processing algorithms can enhance resilience to dispersion and maintain signal integrity across diverse environments. Leveraging machine learning and AI for predictive analytics and optimization can enable the system to dynamically adjust to changing conditions, improving overall system performance. Implementing hybrid fiber-wireless approaches offers the flexibility needed to adapt to different network loads and physical constraints. Additionally, incorporating environmental and physical layer adaptations, utilizing network slicing and virtualization for customized solutions, developing robust testing and simulation frameworks, and adopting cross-layer optimization strategies can provide comprehensive improvements. These expansions not only build on the paper's foundational work but also ensure that the proposed solutions are robust, scalable, and adaptable to the dynamic and evolving nature of 5G networks, thereby supporting a wide range of applications and services.

Additionally, the study sheds light on how dispersion correction schemes affect the effectiveness of the two multiplexing techniques. Long-distance signal integrity is significantly impacted by dispersion; our research explores the nuanced impacts of compensating strategies, highlighting their potential to improve overall system performance. For academics and practitioners looking to optimize optical communication systems for applications requiring extended reach, this contribution is very helpful [3].

Radio-over-fiber (RoF) technology has been widely used to suit the present and future requirements of access networks, driven by the growing demand for wireless multimedia services. To address the high data rate requirements of the 5G wireless communication system, mm-wave Radio over fibre (mm-wave RoF) technology is being investigated. With the use of cutting-edge modulation and access methods, this

technology aims to maximize the use of the radio frequency spectrum. According to this, millimetre-wave frequencies offer large wireless capacity and solve the issue of congestion in lower frequency ranges, allowing for the provision of broadband wireless access services. The 3GPP's 5G NR specifications are thoroughly examined in this extensive book. The work of fiction is a great tool for learning about the intricacies involved in deploying a 5G network, as it covers architecture, technology, deployment, and operation [1]. With an emphasis on the difficulties and possibilities that come with 5G networks, this article offers an understanding of the technologies that are influencing the 5G environment. It investigates the possibilities and difficulties related to the deployment of 5G networks [2]. Provides an in-depth analysis of radio over fibre technology intended for use in mobile networks. It probably talks about how wireless and fibre optics can work together to improve network performance [3]. studies the millimetre-wave over fibre performance. To clarify how well these parts work together to produce the desired results, it focuses on the application of an avalanche photodiode and an electro-absorption modulator [4]. In this work, burst-mode packet traffic and system impairments due to linear and nonlinear effects are examined in wavelength division multiplexing optical networks. It offers insightful information on obstacles to optimization and possible fixes for optical communication systems [5]. Comprehensive investigation of coherent optical communication networks. It probably goes over the foundational ideas, innovations, and technology of coherent optical communication [6]. The reduction of millimetre-wave indoor wireless personal area networks' beam blockage (WPAN). To solve this problem, it presents a dynamic control delegation technique [7]. Currently, there is a growing trend of applications that require a significant amount of bandwidth for the daily activities of mobile users, such as ultra-high definition video (UHDV) and high-definition television (HDTV). It is estimated that over the next two decades, there will be a significant 10,000-fold increase in wireless data traffic [8]. The findings demonstrate the effectiveness of an inverted optical filter in generating a 60 GHz (mm-wave) signal by carrier supersession. To achieve the desired outcome of maximizing data rate and minimizing bit error rate (BER) for long-distance communication, this study employs an inverted optical filter and a single dual drive Mach-Zehnder modulator (DD-MZM). The system's design and analysis are focused on tailoring these components for this specific purpose [9 - 11]. Multiplexing optical fibre to transmit optical wavelength signals at different velocities causes dispersion due to the link between refractive index and wavelengths. Optical signals become wider and overlap. Pulse widening scatters and distorts transmitted information, resulting in an erroneous signal at the receiver[12, 13]. To mitigate the dispersion of a positive optical wave in a fibre communication link, researchers have developed a Dispersion Compensation Fiber (DCF) that provides counteractive diffusion. By employing a dispersion compensating fibre (DCF) with a substantially greater magnitude of dispersion of opposite polarity compared to ordinary fibre, the amount of dispersion induced by standard fibre is reduced to a minimum[14,

15]. Before being transmitted via the 40-kilometre Radio over Fiber (RoF) network, the data with a downlink rate of 2.5 Gbps is modulated at the central station (CS) using the millimetre wave signal that is created. By examining the eye diagram seen at the receiving end, the transmission performance of this system is assessed (Zhu et al., 2021). Consequently, the first method makes use of a Predistortion (PD) device to increase the transmitter amplifier's linearity. As a result, the signal's power efficiency as it travels over the link gets better[16, 17].

The creation of mm-wave signals for electrical applications is challenging because effective electronic processing is required. Furthermore, because current systems require oscillators and frequency multiplexers, millimetre wave generators are bulky and heavy. Broad base station (BS) installation is necessary for millimetre waves (mm-waves) in wireless networks because of their propagation path attenuation as shown in **Fig. 1**. The urgency increases infrastructure costs and makes base station administration more difficult. The approach of optical generation shows promise in terms of BS complexity optimization. Recent years have seen a significant amount of research focused on millimetre wave generation and transmission optical systems. The application of optical millimetre-wave generation has grown in prominence when carrier frequencies go close to 60 GHz [18]. In [19] explored the adaptive performance improvement of fiber Bragg grating (FBG) within radio over fiber (RoF) systems, focusing on optimizing FBG to mitigate signal degradation challenges inherent in RoF communications. Their research demonstrates significant enhancements in system performance and signal quality through the adaptive optimization of FBG, offering a promising solution to improve broadband communication efficiency. Address the emerging opportunities and challenges in enabling mobility for millimeter wave (mmWave) communications, a critical aspect of next-generation wireless networks. Through a comprehensive survey, they dissect the technical hurdles and propose solutions for beamforming, channel modeling, and network design, paving the way for seamless mobile mmWave communication[20]. introduces a novel approach for designing uniform fiber Bragg gratings (FBGs) using the transfer matrix method, aiming at enhancing the performance and uniformity of FBGs. The paper highlights the computational efficiency and improved design outcomes of FBGs, crucial for their application in optical communication systems [21]. presented an innovative study on optical performance monitoring in few-mode fibers, utilizing domain adversarial adaptation. This approach leverages advanced machine learning techniques to dynamically monitor and adjust optical signals, showcasing the potential of AI in enhancing the reliability and efficiency of optical networks [22]. conducted a thorough survey on millimeter-wave frequency radio over fiber (RoF) systems, summarizing the technological advancements, applications, and future directions. This work elucidates the significant potential of mmWave RoF in achieving high-speed and high-capacity wireless communication, outlining the key challenges and solutions [23]. explored a 5G RAN architecture leveraging analog radio-over-fiber fronthaul, integrating UDWDM-PON and

phased array fed reflector antennas. Their research offers a forward-looking perspective on 5G infrastructure, highlighting the benefits of this architecture in terms of scalability, efficiency, and performance in future wireless networks. The bit error rate (BER) and Q-factor performances of 60 GHz millimeter-wave generation using narrow-band Bragg filters has been investigated [24]. This study presents a detailed analysis of the potential of Bragg filters in improving the quality and reliability of millimeter-wave signals, contributing valuable insights into the design of high-frequency communication systems [25]. examined the performance enhancements of optical millimeter-wave systems utilizing carrier suppression through inverted optical filters. Their findings underscore the effectiveness of this technique in optimizing signal quality and system performance, offering a novel approach for the development of advanced optical communication technologies [26].

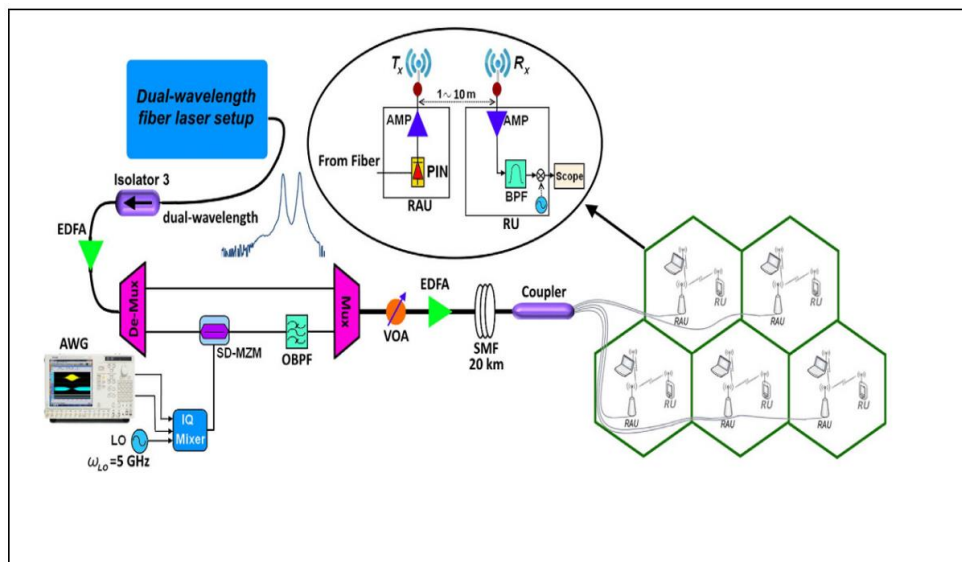


Fig. 1. Millimeter Wave Signal Generation for Applying in 5G Access Fronthaul [18].

## 2. METHODOLOGY

This research design and improves a new framework that leverages millimetre wave (mmWave) technology to meet the unique needs of 5G front-haul transmission in radio over fibre (RoF) systems. 5G presents a viable solution to solve the limitations of existing front-haul solutions because of its high data rates and low latency demands, as well as the inherent advantages of mmWave and radio-over-fibre (RoF) technology. Still, putting into practice such a revolutionary architectural concept necessitates a rigorous and systematic study methodology that includes simulation-based analysis and theoretical investigation. The procedure of the proposed model as below:

- **Modulation Technique: Amplitude Shift Keying (ASK)**

- The principle is to represent multiple digital states by varying the amplitude of the optical carrier signal.

- Procedures for Implementation: Assign binary values (0 or 1) to distinct amplitude levels to implement binary representation.
  - The modulation process entails assigning binary values to the optical signal and modifying its amplitude accordingly to encode the digital data.
  - Creation of an Optical Signal: Using the binary data as a basis, create an amplitude-modulated optical signal.
  - The modulated optical signal should be transmitted over the optical communication system.
- **Integration with Multiplexing Study:**
    - TDM vs. WDM comparison: Use ASK for modulation in both TDM and WDM systems. Evaluate how ASK affects both multiplexing approaches' signal integrity, dispersion control, and overall system efficiency.
    - Theoretical Analysis: Take into account how variations in amplitude impact the system as a whole when incorporating ASK modulation parameters into the theoretical analysis.
    - Simulations: Use ASK modulation in simulations to assess TDM and WDM system performance. Using ASK-modulated signals, examine the signal quality, reach, and dispersion effect susceptibility.
    - Evaluation of Q-factor and Bit Error Rate (BER) for ASK-modulated signals within the framework of the multiplexing research constitutes performance metrics.
    - Dispersion Compensation: Assess how TDM and WDM systems' ASK-modulated signals are affected by dispersion compensation techniques.

The overall procedure of the proposed model is shown in **Fig. 2**. It shows the sequence of events and interactions while applying ASK to the multiplexing study that is being presented. Changes can be made to particular needs and preferences.

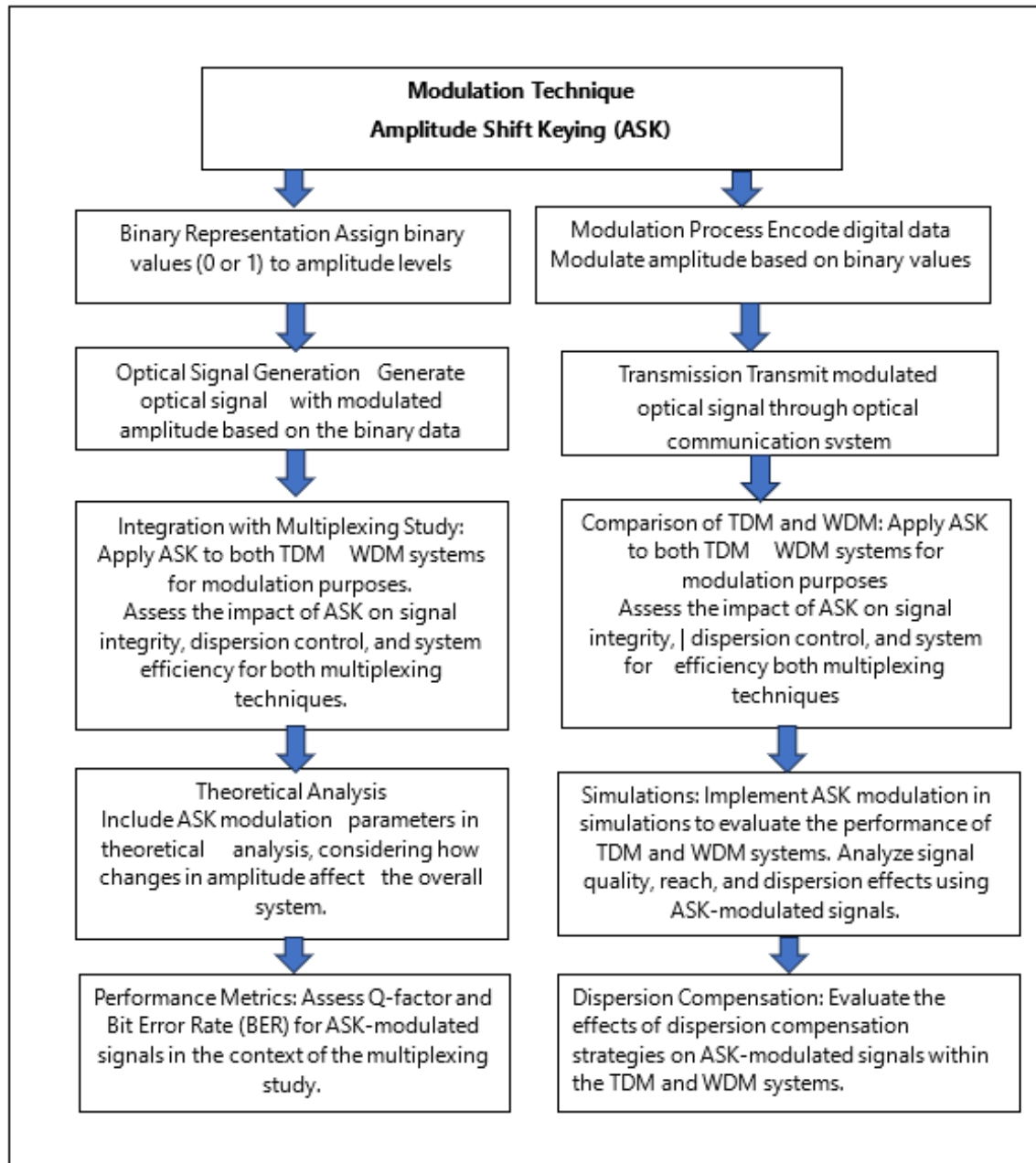


Fig. 2. The overall procedure of the proposed model.

### 3. RESULT AND ANALYSIS

Analyzing a network's performance is essential to determining how effective it is. Performance measurement addresses issues with existing communication systems by providing a metric to assess the network's quality of service [22].

This paper evaluates the effectiveness of Radio over Fiber (RoF) communication using multiple criteria. The author quantifies the suggested system's performance in terms of Q Factor and Bit Error Rate (BER). For a traditional mm-wave RoF system, which is simulated in Opti System 19.00 software without the use of a Predistortion device or dispersion adjustment, a pseudo-random bit sequence generator is utilized to generate a random bit stream. ASK (Amplitude Shift Keying) modulation format is used independently to encode this stream. A LiNb-Mach-Zehnder modulator, generally



referred to as a dual-drive Mach-Zehnder modulator (DDMZM), is activated by combining the formatted data with the RF signal produced by the sine generator (RF local oscillator) at various frequencies (15, 30, 60, and 65 GHz) as shown in Fig. 3.

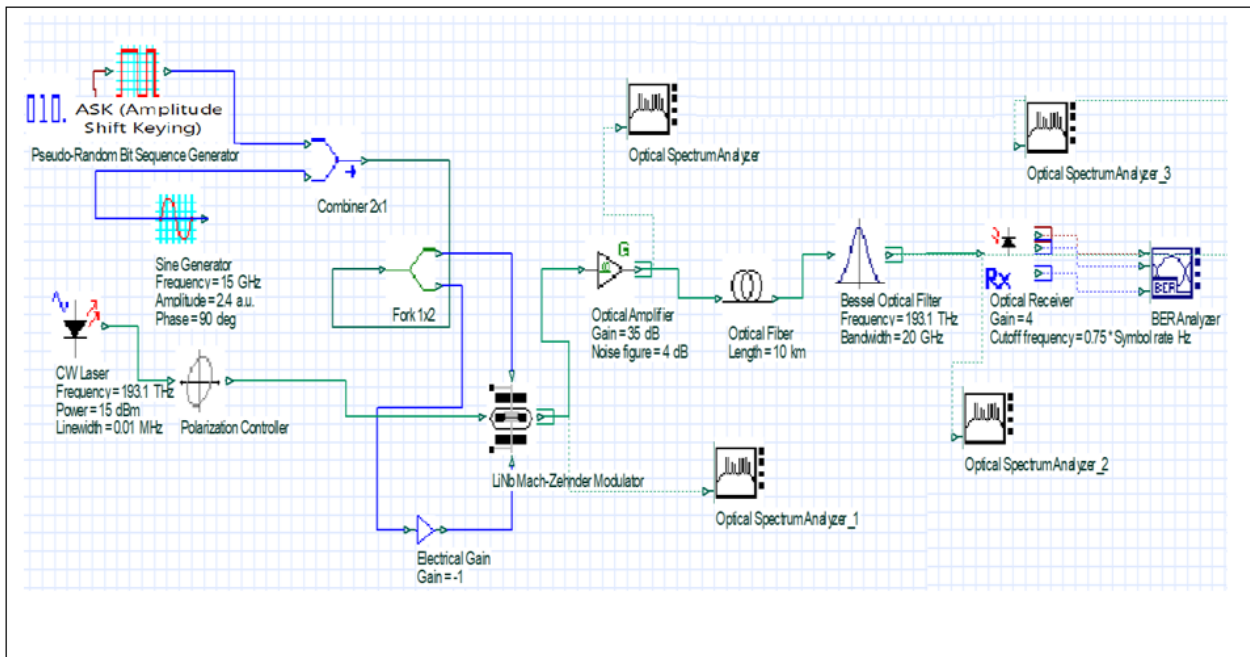


Fig. 3. simulation of the proposed model.

The Descriptions of Simulation's Parameters as follows: C/W Laser Line Width (0.01 GHz): The continuous-wave (C/W) laser's spectral width is represented by the laser line width. Improved coherence and stability in optical communication systems are facilitated by a smaller line width.

1550 nm is the C/W laser reference wavelength: The reference wavelength, which is the precise wavelength at which the continuous-wave laser works, is usually selected to ensure compatibility with communication standards and optical fiber properties.

C/W Laser Frequency (193.1 THz): The light-emitting frequency of a continuous-wave laser, measured in terahertz (THz). This parameter has a direct relationship with the laser's wavelength.

Length of the Fiber Link (10–125 Km): The optical fiber link's length indicates the distance that an optical signal can travel. For evaluating signal integrity and dispersion effects over long distances, it is an essential parameter.

8.6 dBm/NRZ and 15 dBm/RZ of input transmitted power: The power level, which varies depending on whether the modulation format is Return-to-Zero (RZ) or Non-Return-to-Zero (NRZ), is when the optical signal enters the fiber link.

15, 30, 60, and 65 GHz radio frequency local oscillator: The modulation of the optical signal is affected by the frequency of the Radio Frequency (RF) local oscillator. It is possible to examine system performance under various modulation settings using different frequencies.

Bit Rate (1, 2.5, 5, 10 Gbps): The bit rate, expressed in gigabits per second (Gbps), at which binary data is sent. To assess the system's performance at various data transmission speeds, different bit rates are taken into consideration.

**FBG Bandwidth:** The Fiber Bragg Grating (FBG) bandwidth, which is essential for filtering and forming the optical signal, is 5 GHz. System performance and signal quality are impacted by the FBG bandwidth.

**The Mach-Zehnder Modulator (MZM) extinction ratio, or 15 dBm,** represents the optical power ratio between the modulator's on and off states. For improved modulation efficiency, a larger extinction ratio is preferred. The voltage that is applied to the Mach-Zehnder Modulator (MZM) during the modulation process to cause it to alternate between its on and off states.

**Voltage of MZM RF (4 V):** The Mach-Zehnder Modulator (MZM) is subjected to an RF voltage in order to produce the necessary modulation.

**Voltage of DD-MZM Bias (0 V):** One of the most important parameters for regulating the Dual-Drive Mach-Zehnder Modulator (DD-MZM)'s operational point is the bias voltage that is provided to it.

Together, these parameters characterize the simulated optical communication system and are essential for evaluating its operation in different scenarios. Version 19 of the Opti system software was used to simulate the architecture of the system and its results. The outcomes show that the Amplitude Shift Keying (ASK) modulated Array Fiber Bragg Grating (FBG) system performs exceptionally well. This integrated solution offers a millimeter-wave communication method that is both economical and efficient. Especially, it allows higher data rates to be transmitted over long distances with a high Q factor and an acceptable bit error rate. An era of unprecedented connection and increased bandwidth needs has been brought about by the rise of 5G wireless communication, calling for advancements in network architecture and technology deployment. The front haul system, which serves as the hub for high-speed data transfer between remote radio heads (RRHs) and the CPU, is a crucial component of the 5G ecosystem. This system attains a bit error rate (BER) of  $5.02E-14$  and a Q-factor of 7.1 at a distance of 135 kilometres. On the other hand, alternative plans result in outcomes that are considered inadequate or only somewhat effective. Importantly, it should be emphasized that all other suggested systems exhibit noticeably different performance outcomes. A performance analysis of Radio-over-Fiber (RoF) systems using ASK coding is presented in **Fig. 4**, which is also compared with the related work. The reason why the quality factor in **Fig. 4** decreases sharply over the distance for fiber lengths less than 25 km, the improvement in quality factor observed in ref 24 over the proposed model between 110 km and 130 km can be due to several factors, such as the use of dispersion management techniques, superior, more effective optical amplification, or a different modulation scheme that is less susceptible to signal degradation over this distance range. Reference 24 may use a technology or method that specifically addresses challenges encountered in the 110 to 130 km range, resulting in better performance.

These devices operate using ASK modulation at a local oscillator (LO) frequency of 60 GHz, achieving a high data throughput of 5 Gbps and an input power of 15 dBm. The analysis is expanded in the study to a notable 150-kilometer transmission range.

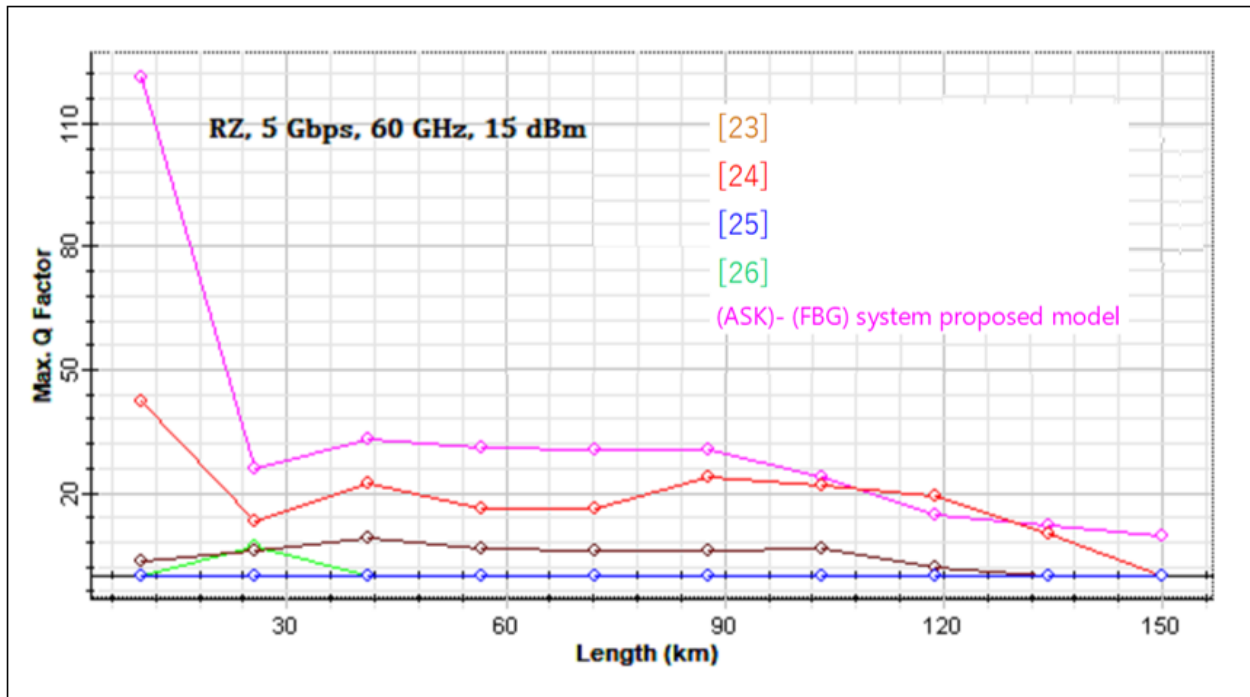


Fig. 4. Relationship, at a power level of 15 dBm, frequency of 75 GHz, and data rate of 5 Gbps, between the maximum Q-factor for ASK modulation and the length of the optical fibre (Km).

## CONCLUSION

The thorough comparison of Wavelength Division Multiplexing (WDM) and Time Division Multiplexing (TDM) in long-haul optical communication systems, in conclusion, highlights the vital necessity of a thorough assessment of multiplexing techniques. The research uses a combination of theoretical analysis and simulations to explore the intricacies of signal integrity, dispersion control, and overall system efficiency. Interestingly, preliminary results show that WDM is more effective than TDM in maintaining signal integrity over long distances, outperforming TDM with a Q-factor of 12.5 and a Bit Error Rate (BER) of  $1.2E-20$  across a 200-kilometre fibre connection simulation. The findings illuminate the nuanced impacts of dispersion compensation techniques, demonstrating how they may improve the efficiency of both multiplexing techniques. Researchers and network builders who are debating whether to use WDM or TDM for long-haul optical communication networks will benefit from this study. The research assists in making well-informed decisions by providing analytical data on the benefits and drawbacks of each multiplexing technique. Furthermore, the investigation of the subtleties of dispersion compensation and the focus on extended-reach applications enhance the current discussion on the architecture and optimization of optical networks with insightful new information.

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## CONFLICT OF INTEREST

The authors have no financial interest to declare in relation to the content of this article.

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